



## **COMPLIANCE WITH INTERASSOCIATION RECOMMENDATIONS** FOR STRENGTH AND CONDITIONING PROFESSIONALS

The U.S. Council for Athletes' Health (USCAH) has created four (4) programs for the Collegiate Strength and Conditioning Coaches Association (CSCCa) that focus on continuing education in the areas of health, safety, and wellness. These programs are aimed specifically at equipping collegiate strength and conditioning coaches with knowledge to mitigate risk within their settings.

#### TO ACCESS PROGRAMS DESIGNED FOR YOU:

**Go to:** www.athleticshealthspace.com

Select: "Create new account with Program Code"

Accept copyright policy.

Enter your new account information and use

Program Code: CSCCa Role 1: Select N/A

Role 2: Type in your Organization/School Name

**Check your email:** Follow the prompts to confirm your account from your email. In the confirmation email, click on the link to login. Once in Athletics Healthspace, you will have access to four approved CEU programs:

- Preventing and Preparing for Catastrophic Injuries in Sports
  - » This program is required in order to maintain membership in the USREPS registry.
  - » 7.5 CFUs
- Mental Health
  - » 5 CEUs
- · Diversity, Equity, and Inclusion in Sports
- General Health and Wellness
  - » 6.5 CEUs

Select your desired programs, add to your cart, and checkout!

#### **CLAIM YOUR CEUs:**

Upon completion of pre-approved programs, you will be awarded the designated amount of CEUs upon submission of the program certificate to the CSCCa.



HAVE QUESTIONS ABOUT ATHLETICS HEALTHSPACE? Contact USCAH at info@uscah.com

### ABOUT USCAH

The U.S. Council for Athletes' Health (USCAH) provides independent, third-party athlete health and safety consultation, education, and compliance from a team of experts with nearly 300 years of experience in athletics healthcare and administration. Our team is made up of sports medicine physicians, athletic trainers, university and high school athletic administrators, and for-

mer student-athletes with professional experience from leading institutions and organizations across

the country.

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