

5 QUESTIONS

YOU SHOULD BE ASKING YOUR
ATHLETIC DEPARTMENT STAFF

1

**DO YOU PRACTICE EMERGENCY
ACTION PLANS ANNUALLY?**

2

**IS THE MEDICAL STAFF ABLE TO
PRACTICE INDEPENDENT MEDICAL
CARE?**

3

IS EXERCISE USED AS PUNISHMENT?

4

**ARE YOU PROVIDING AND DOCUMENTING
ANNUAL HEALTH AND SAFETY EDUCATION
ON TOPICS SUCH AS HEAT ILLNESS,
RHABDOMYOLYSIS AND CONCUSSION?**

5

**DOES YOUR INSTITUTION FOLLOW BEST
PRACTICES AS IT PERTAINS TO ATHLETE
HEALTH AND SAFETY (NCAA
INTERASSOCIATION GUIDELINES, ETC)?**



THE U.S. COUNCIL FOR ATHLETES' HEALTH (USCAH) PROVIDES INDEPENDENT, THIRD-PARTY ATHLETE HEALTH AND SAFETY CONSULTATION AND EDUCATION.

WE PARTNER WITH 20+ CONFERENCES AND 200+ COLLEGES/UNIVERSITIES OF ALL SIZES TO PRIORITIZE THE HEALTH, SAFETY, AND WELL-BEING OF ATHLETES.

CONTACT USCAH SENIOR DIRECTOR, ANGIE BEISNER, TO LEARN MORE:

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