

5 QUESTIONS

YOU SHOULD BE ASKING YOUR
ATHLETIC DEPARTMENT STAFF

1

**DO YOU PRACTICE EMERGENCY
ACTION PLANS ANNUALLY?**

2

**IS THE MEDICAL STAFF ABLE TO
PRACTICE INDEPENDENT MEDICAL
CARE?**

3

IS EXERCISE USED AS PUNISHMENT?

4

**ARE YOU PROVIDING AND DOCUMENTING
ANNUAL HEALTH AND SAFETY EDUCATION
ON TOPICS SUCH AS HEAT ILLNESS,
RHABDOMYOLYSIS AND CONCUSSION?**

5

**DOES YOUR INSTITUTION FOLLOW BEST
PRACTICES AS IT PERTAINS TO ATHLETE
HEALTH AND SAFETY (NCAA
INTERASSOCIATION GUIDELINES, ETC)?**



**THE U.S. COUNCIL FOR ATHLETES' HEALTH
(USCAH) PROVIDES INDEPENDENT,
THIRD-PARTY ATHLETE HEALTH AND
SAFETY CONSULTATION AND EDUCATION.**

**WE PARTNER WITH 20+ CONFERENCES
AND 200+ COLLEGES/UNIVERSITIES OF
ALL SIZES TO PRIORITIZE THE HEALTH,
SAFETY, AND WELL-BEING OF ATHLETES.**

**CONTACT USCAH SENIOR DIRECTOR,
ANGIE BEISNER, TO LEARN MORE:**

**ABEISNER@USCAH.COM
(614)529-0592**

**@4ATHLETESHEALTH
TWITTER | INSTAGRAM | FACEBOOK**

